



RECIPES

Walnut Pesto

1 cup packed basil leaves
1/4 cup fresh parsley
1/3 cup walnuts
1/3 cup grated parmesan cheese
1/3 cup olive or salad oil (or mix)
1/4 tsp. salt
1 garlic clove (or 1 tsp. garlic puree)

In a blender or food processor, blend all ingredients until smooth. Makes 3/4 of a cup. You can also multiply this recipe to make a giant batch for canning. Process with a hot water bath canner. Make sure jars are sealed. Serve tossed with pasta, over your favorite grilled meats, or spread on toast or a good crusty French bread.